

Chap Football Camp Supply List

Below is a list of required and recommended items to bring to camp.

****Clothing – We are at camp for 4 Nights/5 days, and a lot of practices over that time. We recommend extra pairs of all clothing items because it may be necessary to change once or more per day.***

Required:

- **Sunscreen!!**
- **Water Bottle or Jug!!**
- **1 inch 3 Ring Binder to store camp schedules/documents!!** – PLEASE MAKE SURE YOU HAVE THIS EASILY ACCESSIBLE
- Cleats
**We recommend trying to break in new cleats before camp – Don't put them on for the first time at camp*
- Shoes (AT LEAST ONE PAIR OF ATHLETIC SHOES YOU CAN RUN IN)
- Shorts
- Shirts
- Socks
- Underwear/Compression Shorts
- Twin bedding and blanket or sleeping bag
- Pillow
- Toiletries (Toothbrush, Toothpaste, Soap, Shampoo, Deodorant)
- Towel
- Backpack
- Multiple pencils (BRING PENCILS)
- Flip Flops/Slides
- Cash/Card – Food not provided while at Magic Mountain

Optional:

- Scooter, Skateboard/Longboard
- Medicine – *We are not allowed to distribute medicine to players for headaches, muscle aches, allergies, etc. However, they can take medicine that they bring with them.*
- Hat(s)
- Sunglasses
- Fan for dorm room

If you require special accommodations, like refrigerators in your room for insulin, please contact Coach Nisenson at dnisenson@susd.org ASAP to assure those arrangements will be in place.